Boulder Natural Health, LLC 777 29th Street Suite 401, Boulder, CO 80303 (303) 960-3920   
**DISCLOSURES AND INFORMED CONSENT**

**WELCOME**. We are honored to be a part of your journey to better health.

**SERVICES***:* Naturopathic doctors are health care practitioners who specialize in Naturopathic Medicine, which focuses on whole- person wellness. The medicine is tailored to the client and emphasizes prevention and self-care. Naturopathic Medicine is a branch of the healing arts distinct from other branches. Our services include the prevention, evaluation, diagnosis, and treatment of injuries, diseases, and conditions through education, nutrition, naturopathic preparations, natural medicines, physical medicine, physical agents, and other therapies and modalities designed to support the body’s natural healing processes. Our Naturopathic Doctors (ND) are registered to practice Naturopathic Medicine under the Colorado Naturopathic Doctor Act. They are not Medical Doctors (MD), Doctors of Osteopathy (DO), Doctors of Chiropractic (DC), or Doctors of Nursing (DNP) who are licensed under separate practice acts. As Naturopathic Doctors in Colorado, we do not prescribe, dispense, administer, or inject any prescriptive medications including controlled substances (including general or spinal anesthetics) or practice medicine (including performing surgery, obstetrics, or administering ionizing radiation therapy). The only adjustments, manipulations, and mobilizations we perform are naturopathic manual therapies. We cannot recommend against a course of care recommended or prescribed by a licensed health care provider in another branch of the healing arts. Our office does not provide naturopathic treatment to children less than two years old. We recommend that our pediatric patients follow the immunization schedule recommended by the CDC (copy included in your new patient pediatric folder) and have a relationship with a licensed pediatric health care provider.

**ALTERNATIVES AND COLLABORATION:** Alternatives to Naturopathic Medicine include declining such care and consulting with other providers such as an MD, DO, DC, or DNP. Naturopathic Medicine is not a substitute for other types of health care. We recommend that you have a relationship with an MD or DO, as we are not primary care providers. Please identify the provider with whom we should attempt to collaborate about the care received in our office:

Primary Care Provider: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

**RISKS:** Naturopathic Medicine is generally considered safe but may involve some risks including, without limit: all of the risks disclosed with any preparations or medicines; allergic reaction; infection; pain or discomfort; weakness, fainting, or nausea; skin irritation, discoloration, or scarring; aggravation of symptoms; mood changes; inconvenience of lifestyle changes; emotional release or emotional distress; healing crisis; and rarely, neurological injury and pneumothorax. Naturopathic Medicine may adversely interact with specific drugs and may be inappropriate during pregnancy. All female clients must alert the doctor if they know or suspect that they are pregnant. Some of the therapies used could present a risk to the pregnancy. Naturopathic manual therapies involve risks including, without limit, fractures, disc injuries, dislocations, and sprains. Additionally, hidden conditions may exist that are not detectable through examination. This may include spinal tumors, weak or occluded arteries, and aneurysms. Accordingly, some people are at risk for stroke or vascular injuries as a result of manual therapies.

**EMERGENCIES:** If you are having a medical emergency, do not wait to seek care. Call 911.   
**NO GUARANTEE:** Every individual responds to care differently and no guarantee or assurance is made as to the results of care in any specific case, as care may not improve your condition.

**PAYMENT, INSURANCE, AND REFUNDS:** See our fee schedule for current rates. Payment for services is not conditional on response to care. There is no guarantee of insurance coverage. Any insurance you have is an agreement between you and your insurance carrier and you are responsible for payment of services, whether or not they are covered by insurance. You may terminate care at any time. No refunds are available for any product purchases or services provided.

**CONFIDENTIALITY:** A record will be kept of health services provided to you. This record is confidential and will not be released to anyone without your written consent or legal documentation.

**DO NOT SIGN UNLESS YOU HAVE READ AND FULLY UNDERSTAND!**

I have read and fully understand this consent form, and understand that I should not sign this form if any of my questions have not been explained to my satisfaction or if I do not understand any of the terms or words. With this knowledge, I voluntarily consent to the above naturopathic care from the doctors at Boulder Natural Health, LLC. I understand that I am free to discontinue participation in this care at any time.

**Signature of Patient or Person with Authority to Consent Date**

**Name of Patient or Person with Authority to Consent**